

# STC Health Week



## Yr 7 Design Technology

*'A healthy lifestyle is achieved through a complete state of mental, physical and social wellbeing'.*

Many sweet & snack bars promote up and coming event for example MacDonald's, and Coke Cola sponsored the Beijing Olympics and advertised the event on the food & drink packages **You** are going to design and make a healthy snack packaging that could be suitable to promote a sporting event in Hong Kong.

### Ingredients:

### Basic ingredients:

rolled oats  
cornflakes  
orange juice  
honey  
egg whites

### Additional ingredients:

chopped roasted almonds	sultana	raisins
chopped dried apricots	dried cranberries	dried pineapple
dried banana chips	desiccated coconut	dates
chopped walnuts	pumpkin seeds	sunflower seeds

### Specifications:

1. The packaging must be colourful and attractive
2. Have a distinctive, unique name
3. Include a sporting theme
4. Include the list of main ingredient & any additional you wish to add
5. Include a recycling logo and bar code

### What to do:

1. Examine existing snack packaging and consider all the information that appears on a food packet.
2. Take one of the prepared packages (called a net). Carefully draw your design onto it and colour. Keep your design simple, and focus on the logo
3. Make sure this is completely finished before cutting out your net.
4. Carefully score and glue (or use twin-stick) to assemble you package.

### Extension Activity

On the website there is a quiz, try to answer as many questions as possible about graphics and logo designs. Good Luck

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Design & Make a prototype packaging for a healthy snack bar which promotes a sporting event held in Hong Kong

